



# Ames High School Athletic Department

**AMES HIGH**

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*Listed below is an athletic summary of the 2008/09 seasons for AHS Athletics.*

## **Fall Sports**

*BGolf – 6<sup>th</sup> at state meet – RJ Voss Iowa Conf. Coach of the year  
GSW – Regional Champs-3<sup>rd</sup> at state meet – Dan Flannery Iowa Coach of the year  
Football – State Playoffs- 2 playoff wins – 4 ot win over SE Polk  
Fall Cheer – Runner-up State 4A large group – 4<sup>th</sup> place stunt group as well  
GCC – Region Champs – 6<sup>th</sup> at state meet – Kirk Schmaltz – Iowa/District Coach of the year  
BCC – Qualified for the state meet  
VB – 26-13 record*

## **Winter Sports**

*BSW – Conf. and District Champs – State Runner-up team – Dan Flannery Iowa Coach of the year  
Drill – 5 top 5 finishes  
GBB – Conf. champs and State Runner-up team – Joel Sullivan Iowa Coach of the year  
BB – Conf. champs and State Champs – Vance Downs Iowa Coach of the year – National team ranking  
Wrestling – 5 state qualifiers/best dual record 10-4 in a century – Drew Kelly District coach of the year*

## **Spring Sports**

*GG – Conf. and Regional Champs – State Team Champs- Bob Heiberger Iowa Coach of the year  
GTN – Conf. and Regional Champs – State Team Champs  
BTN – Winning record  
GSC – 9-9 record  
BSC – Conf. Champs and State Runner-up team – 15-4 record Chad Zmolek Iowa Coach of the year  
BTR – District Champs and 3<sup>rd</sup> place at the State Meet  
GTR – District Champs and 11<sup>th</sup> place at the State Meet*

## **Summer Sports**

*Baseball  
Softball*

## **Individual Accomplishments**

*Nic Tobin – BTR – State Shot Put Champion  
Jessica King and Evelyn Qin – GTN State Doubles Champions  
Katie Purcell – GG – State Individual Champion*

*Thanks  
Judge Johnston  
Ames High Athletic Director*

